

WHAT TO EXPECT

Our couples retreat is no ordinary retreat or time away. It's an *ADVENTURE* for you together as a married couple in a beautiful setting.

In our busy lives it is easy to develop housemate tendencies as we have overflowing plates and can't figure out how to make room for each other. Housemates are bored, with a passion that has been replaced by predictable routine; heart mates closely pursue each other in exciting ways. They use simple, everyday moments to stay connected. We need to proactively engage in behaviors and habits that connect us if we want to keep growing closely together.

God created us as relational beings. We long for connection and intimacy—to know and be known by another at the deepest level.

This retreat will give you some practical ways to stay connected with or reconnect with your spouse. We are so excited for you to join us!

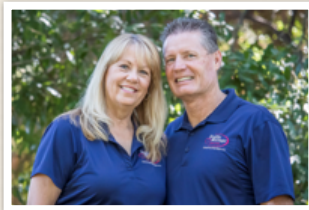
Therefore a man shall leave his father and mother and be joined to his wife, and they shall become one flesh.

Genesis 2:24

Bring yourselves, your Bibles, an openness to learn, and a healthy dose of humility.



YOUR PRESENTERS



Dave & Cheryl Belden have been married for 43 years and are Executive Directors with the Healthy

Marriage Coalition, directing marriage education and training classes. They have taught marriage classes for more than 30 years and are trained facilitators for "Marriage Works" and "Adventures in Marriage". They are also certified in Prepare-Enrich Relationship Inventory. The Beldens have two married children and six grandkids, all living in Fresno.

Ron & Joan McLain

are the co-founders of the Healthy Marriage Coalition (HMC) and now provide marriage counseling to community clients.

Ron is also the Associate Pastor at Clovis Christian Church and Joan is an Administrative Assistant with the HMC. They have been married for 54 years and have three grown children and six grandchildren.



HEALTHY MARRIAGE COALITION

P.O. Box 25221 Fresno, CA 93729

(559) 367-1228

www.growyourmarriage.com



RECONNECTING FROM HOUSEMATES TO HEART MATES



November 1-3, 2024
Cambria, CA

Love one another deeply from the heart.

1 Peter 1:22

STRONG RELATIONSHIPS START HERE

Sign Up Form

Sign up by mail by filling out the form below or
sign up online at www.growyourmarriage.com



RETREAT DETAILS

Husband: _____

Wife: _____

Address: _____

Husband Cell: _____

Wife Cell: _____

Husband Email: _____

Wife Email: _____

Church: _____

Anniversary Date: _____

Method of Payment

☐ Check ☐ MC ☐ Visa ☐ Am Ex ☐ Disc

Credit Card #

/_____
Exp.

CVC Code

Signature

Date

THE CAMBRIA PINES LODGE

Located in Cambria, "one of America's prettiest towns" according to forbes.com. Take time to stroll through their extensive grounds and gardens which have been featured in such publications as Sunset Magazine, including the organic kitchen garden, butterfly garden, rose garden, and many others.



Cambria Pines Lodge

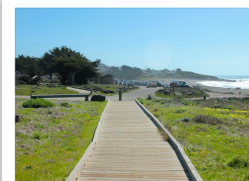
YOUR INVESTMENT

Early Bird Price - \$849/couple (paid in full by September 1, 2024)

Standard Rate - \$899/couple (paid in full by October 1, 2024)

Includes two nights lodging, two full breakfasts and all retreat materials.

Rooms are small suites with two queen beds.



Moonstone Beach Boardwalk

TENTATIVE RETREAT SCHEDULE

Friday Night - November 1, 2024

After 3:00 pm - Check In

7:00 pm - Meet & Greet and social time

7:30-9:00 pm - Session One

Sunday - November 3, 2024

7:30 - 8:45 am - Breakfast Buffet

9:00 am - Session Five

11:00 am - Pack Up, Check Out

Head for home, or stay and enjoy the coast.

Saturday - November 2, 2024

7:30 - 8:45 am - Breakfast Buffet

9:00 am - Sessions Two and Three

12:30 pm - Free Time

(lunch and dinner are on your own)

7:00-9:00 pm - Session Four



Fine Dining



Cambria Beaches

Mail this registration form and payment to:

HMC, P.O. Box 25221 Fresno, CA 93729

Questions? Call Dave Belden at (559) 367-1228 or Cheryl Belden at (559) 974-8924